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**Bree Collaborative | Shared Decision Making Workgroup**

July 26<sup>th</sup>, 2019 | 9:00-10:30

**Foundation for Health Care Quality**

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**Members Present**

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Emily Transue, MD, MHA, Associate Medical Director, Washington State Health Care Authority (Chair)

Steve Jacobson MD,\* MHA, CPC, Associate Medical Director Care Coordination, The Everett Clinic, a DaVita Medical Group

Andrew Kartunen, MPH, Program Director, Growth & Strategy, Virginia Mason Medical System

Karen Merrikin, JD, Consultant, Washington State Health Care Authority

Randal Moseley,\* MD, Medical Director of

Quality Confluence Health

Michael Myint, MD, Medical Director, Population Health, Swedish Hospital

Martine Pierre Louis,\* MPH, Director of Interpreter Services, Harborview

Karen Posner, PhD, Research Professor, Laura Cheney Professor in Patient Safety, Department of Anesthesiology & Pain Medicine, University of Washington

Angie Sparks,\* MD, Family Physician and Medical Director Clinical Knowledge

Development Kaiser Permanente

**Staff and Members of the Public**

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Steve Levy,\* Washington Patient Safety Coalition

Alicia Parris, Bree Collaborative

Laura Pennington,\* Washington State Health Care Authority

Ginny Weir, MPH, Bree Collaborative

Emily Wittenhagen,\* Washington Patient Safety Coalition

\* By phone/web conference

**CHAIR REPORT AND APPROVAL OF MINUTES**

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Emily Transue, MD, MHA, Washington State Health Care Authority, and Ginny Weir, MPH, Bree Collaborative opened the meeting those present introduced themselves.

*Motion:* Approval of 6/28/19 Minutes.

*Outcome:* Unanimously approved with corrections

**PRESENTATION BY EMILY WITTENHAGEN: WASHINGTON PATIENT SAFETY COALITION WEBINARS**

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Emily Wittenhagen, WPSC discussed the educational offering of the Patient Safety Coalition:

- Planning a three-part Fall Webinar series set to be available September, October, and November
  - Each part of the series 1 hour in length
  - Ms. Wittenhagen shared the general proposed structure of the series and the group provided feedback
    - 1<sup>st</sup> webinar: Shared decision making 101
    - 2<sup>nd</sup> webinar: Promoting adoption
      - Examples of what SMD looks like in a system
    - 3<sup>rd</sup> webinar: How to elevate shared decision making with a focus on health literacy and health equity (e.g. language or cognitive barriers)
      - Including patient engagement
      - Informing patients on cost of treatment

- Invitation for group members who would like to contribute to webinar and suggestions for speakers
  - Deadline for speakers is end of August
  - Karen Merrikin, JD, Consultant, Washington State Health Care Authority, brought up the potential for synergy with the Health Care Authority spring summit
  - Including how to help systems de-conflict various organizational objectives
    - How not to stack objectives on top of one another but make them complimentary and integrative
    - The overlap of skills and staging different tools in the same toolbox

## **DETERMINING NEXT STEPS FOR ADOPTION**

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Workgroup viewed *Draft Recommendations Shared Decision Making* and discussed:

- Review and feedback on the revised *Figure 1* on page 2
  - Complimentary and overlapping skills to engage patients in their own care
    - How to effectively convey risks and benefits
    - Skills built in one area can be used to gain success with other methods
- Review and feedback on *Ten Focus Areas*
  - Prostate antigen testing
    - Specified to antigen testing for prostate cancer screening
    - Removed the “*Stage*” column from *Appendix D*
    - Would be more useful to include column with examples of the types of decision choices under each area

**Action Item: Group will send suggestions for content to include in Appendix D by Aug, 15**

- Review and feedback on *Figure 2*
  - Michael Myint, MD, Medical Director, Population Health, Swedish Hospital, advised that drawing lines may cause conflicts
    - Vaccination may be shared decision making in terms of spacing or timing
- Group agreed to change language in *Background* around shared decision making being distinct from motivational interviewing and informed consent to read that “*necessary clinical skills*” of shared decision making are complementary but distinct
- Removed reference to the Preventive Task force and definition of evidence grades from *Background*
- Group reviewed language expressing that the of decision aids should not be a deterrent to practicing shared decision making
  - Group agreed to include language
- Group would like to add clarity to goals and objective in *Background*
- Viewed *Figure X*
  - Group agreed with the inclusion of *Figure X*
  - Adding color coding
  - Clarification of patient/family engagement
    - Understanding, activation and engagement
    - Needs more detail on patient role
- Group viewed recommendations for *Health Care Delivery Organizations and Systems*
  - Maintenance stage should include expansion
  - Including roll

- More inclusive language asking for reimbursement and aid development for not just 10 focus areas, but all areas
- More broad language for patients and families

**Action Item: Karen Posner, PhD, Research Professor, Laura Cheney Professor in Patient Safety, Department of Anesthesiology & Pain Medicine, University of Washington, will draft language**

#### **NEXT STEPS AND PUBLIC COMMENTS**

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Dr. Transue and Ms. Weir asked for final comments and thanked all for attending. The meeting adjourned.