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**Bree Collaborative | Shared Decision Making Workgroup**

February 22<sup>nd</sup>, 2019 | 9:00-10:30

**Foundation for Health Care Quality**

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**Members Present**

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Emily Transue, MD, MHA, Associate Medical Director, Washington State Health Care Authority (Chair)

David Buchholz, MD, Medical Director, Premera

Leah Hole-Marshall,\* JD, General Counsel and Chief Strategist, Washington Health Benefit Exchange

Steve Jacobson MD,\* MHA, CPC, Associate Medical Director Care Coordination, The Everett Clinic, a DaVita Medical Group

Dan Lessler,\* MD, MHA, Physician Executive for Community Engagement and Leadership Comagine Health

Jessica Martinson, MA, Director of Clinical Education and Professional Development Washington State Medical Association

Karen Merrikin, JD, Contract Program Director Washington State Health Care Authority

Randy Moseley,\* MD, Medical Director of Quality, Confluence Health

Martine Pierre Louis, MPH, Director of Interpreter Services, Harborview

Karen Posner, PhD, Research Professor, Laura Cheney Professor in Patient Safety, Department of Anesthesiology & Pain Medicine, University of Washington

**Staff and Members of the Public**

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Steve Levy, Washington Patient Safety Coalition

Alicia Parris, Bree Collaborative

Sarah Pearson,\* Washington State Health Care Authority

Laura Pennington,\* Washington State Health Care Authority

Allison Weaver, Upstream USA

Ginny Weir, MPH, Bree Collaborative

Emily Wittenhagen, Washington Patient Safety Coalition

\* By phone/web conference

**CHAIR REPORT AND APPROVAL OF MINUTES**

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Emily Transue, MD, MHA, Associate Medical Director, Washington State Health Care Authority, and Ginny Weir, MPH, Bree Collaborative opened the meeting those present introduced themselves.

*Motion:* Approval of 01/25/19 Minutes.

*Outcome:* Unanimously approved

**WASHINGTON PATIENT SAFETY COALITION: IMPLEMENTATION PARTNERS**

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Steve Levy, Director, Washington Patient Safety Coalition and Emily Wittenhagen, Marketing & Communications Manager, Washington Patient Safety Coalition, presented on the Patient Safety Coalition:

- Mission and approach
- Dissemination mechanisms
- Member organizations
- Current work
  - Conference
  - Webinars
  - Conflict Resolution Program

## ASSESSING CURRENT STATE

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- Dr. Transue discussed the HCA early work on shared decision making and upcoming continued work taking place in the early Spring
- Martine Pierre Louis, MPH, Director of Interpreter Services, Harborview, need to educate patients on shared decision making
  - Recommended inclusion of Nicholas Waldron on advance care planning in diverse community groups
- Need for aids that respect multiple language and cultures
  - All current certified aids by the HCA are in English

Ms. Weir asked members of the group to discuss how widely used patient decision aids or the shared decision making process are and the group discussed:

- Steve Jacobson MD,\* MHA, CPC, Associate Medical Director Care Coordination, The Everett Clinic, a DaVita Medical Group discussed the attempts to implement decision aids in the orthopedic.
  - Tools were widely used during initial implementation, but were less frequently used
  - All spine evaluations for spinal surgery use methods developed in-house
  - Palliative care is working with Honoring Choices and have monthly classes
- David Buchholz, MD, Medical Director, Premera:
  - Premera purchased Healthwise and made tools available to the general public by putting them in front of their login
    - Does not allow for tracking of who is accessing materials
  - Using machine learning to anticipate patients who are likely to have a major procedure
    - Pushing shared decision making tools to members who may be about to experience a major event
  - Using predictive algorithms to identify persons to reach out to help make end of life decisions with the help of an aid
    - Partnership with Honoring Choices to produce a media campaign for patient education and to support the health information exchange
- Jessica Martinson, MA, Director of Clinical Education and Professional Development Washington State Medical Association
  - Honoring Choices is an initiative of WSHA and WSMA
    - Has been focused on basic advanced care planning
    - Over 30 participating organizations
    - Expanding into serious illness
    - Educating RNs, social workers, and physicians to have those conversations
      - Educating providers on how to get reimbursed to remove barrier of limited time
  - Need for culture change with physicians to allow patients to participate in the conversation on health care decision
- Dr. Buchholz emphasized the need for strong recommendations for health plans to pay for CPT codes for shared decision making
- Karen Posner, PhD, Research Professor, Laura Cheney Professor in Patient Safety, Department of Anesthesiology & Pain Medicine, University of Washington, was unable to locate any shared decision aids in the patient education section of the patient portal
  - Dr. Posner will be speaking with the Accountable Care Network and will inquire further about the plans for shared decision making

- Martine Pierre Louis, MPH, Director of Interpreter Services, Harborview, for some clinics, providers, or specialties, decision aids may be in use, but there is nothing widespread
- Randy Moseley,\* MD, Medical Director of Quality, Confluence Health
  - Developed two decision aids that were widely spread
    - Screening mammography
      - Utilization was not tracked
    - Colorectal cancer screening
  - Healthwise library
    - Specifically pushed total joint replacement aid
    - Library is also does not require a logon but is difficult to find
    - Not available on intranet, must be accessed by providers through the external facing webpage
  - Using Dartmouth's decision aid for Lung cancer screening
  - Provider engagement remains a challenge
  - Success dependent on if the patient has read the material prior to the appointment
- Difficulty of creating aids that may lead to greater buy-in versus using a tool such as Healthwise and getting less participation
- Greatest use of shared decision making is seen in bundled payment models
- Dr. Transue shared some areas where there the Health Care Authority has explicit contract requirements of use of shared decision making:
  - Accountable Care Networks are working on pilots on trial of labor after cesarean
    - Also have requirement for shared decision making around end of life care
  - Joint replacement bundles centers of excellence both using shared decision making as part of criteria
- Allison Weaver, Upstream USA, discussed shared decision making as a core component of Upstream's patient centered counseling model
  - Will be training 10 health center partners
    - Contraceptive care
- Dr. Transue spoke with Matt Handley, Kaiser Permanente Washington, implementation efforts
  - 4 hour mandatory training of all orthopedic surgeons
  - Easy access within the EHR to tools that facilitate patient decisions
    - Easily accessible and useable with high uptake

## **BUILDING OFF THE THOUGHT LEADER GROUP**

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Group viewed Draft Topic Prioritization Rubric and discussed areas where shared decision making might be most impactful:

- No potential pediatric issues on the rubric
- How target areas may promote a general culture change
- Defining shared decision making and what are appropriate areas to do so
  - Condition under consideration is one where there is one or more reasonably medical option
  - Establishing some examples where shared decision making will be useful to clinicians
- Trying to touch as many medical areas as possible
- Group will choose 6 topics +/- 2 with a broad spectrum of provider types
  - Group discussed potential areas that would be appropriate for shared decision making
    - Palliative Care
    - Joint replacement
    - Contraception

- Prostate cancer
- Lung Cancer
- ADD/ADHD
  - Reaches outside of the medical system to educational system
- Behavioral health
  - Use of antidepressants

**Action Item: Ms. Weir will send survey to workgroup of potential topics**

**Action Item: Workgroup members will send additional topics for inclusion in the survey by Wednesday**

#### **NEXT STEPS AND PUBLIC COMMENTS**

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Dr. Transue and Ms. Weir asked for final comments and thanked all for attending. The meeting adjourned.