
Bree Collaborative | Opioid Guideline Implementation WorkgroupApril 24th, 2019 | 3:00 – 4:30**Foundation for Health Care Quality**705 2nd Avenue, Suite 410 | Seattle, WA 98104

MEMBERS PRESENT

Anne Blake-Nickels, Patient Advocate

Gary Franklin, MD, MPH, (co-chair) Labor and Industries

Andrew Saxon,* MD (Co-Chair) Director, Center of Excellence in Substance Abuse Treatment and Education (CESATE), VA Puget Sound Health Care System

Rose Bigham and Cindy Hoenhaus, Washington Patients in Intractable Pain

Katharine Bradley, MD, MPH, Senior Investigator, Kaiser Permanente Washington Research Institute

Malcolm Butler,* MD, Columbia Valley Community Health

Pamela Stitzlein Davies,* MS, ARNP, FAANP Nurse Practitioner Departments of Neurology & Nursing, University of

Washington

Andrew Friedman,* MD, Physical Medicine and Rehabilitation Virginia Mason Medical Center

Kelly Golob,* DC, Tumwater Chiropractic Center

Jaymie Mai,* PharmD, Labor and Industries

Joseph Merrill,* MD, MPH, Associate Professor of Medicine, University of Washington

Jennifer Sandler, Patient Advocate

Mark Stephens,* Change Management Consulting

Mark Sullivan,* MD, PhD, University of Washington

Gregory Terman,* MD, PhD, University of Washington

Mia Wise, DO, Medical Director, Collaborative Healthcare Solutions

STAFF AND MEMBERS OF THE PUBLIC

Trish Anderson,* Washington State Hospital Association

Jason Fodeman,* MD, MBA, LNI

Shannon Harris, King County

Charles Hoenhaus

Katerina LaMarche, Washington State Medical Association

Alicia Parris, Bree Collaborative

Steven Saxe,* Washington Department of Health

Ginny Weir, MPH, Bree Collaborative

* By phone/web conference

CHAIR REPORT & APPROVAL OF MINUTES

Gary Franklin, MD, MPH, Labor and Industries, welcomed members to the workgroup and those present introduced themselves.

Motion: Approval of March 27th Minutes with discussed additions

Outcome: Passed with unanimous support.

UPDATE ON PATIENT-CENTERED APPROACH TO CHRONIC OPIOID MANAGEMENT CONFERENCE

Dr. Franklin gave an update on the agenda of speakers and subjects and the group discussed:

- Debbie Dowell, MD, MPH, explanation of CDC guidelines
- Amy Bohnert, PhD on epidemiology of the opioid epidemic
- Roger Chou, MD existing evidence on tapering
- Erin Krebs, MD is unable to attend to talk about research currently being done on tapering
- Michael Von Korff, ScD, validated instruments for assessment

- Practical knowledge on assessment from a medical director of an FQHC (federally qualified health center)
- Jane Ballantyne, MD, differentiating between dependence and opioid use disorder
- Sean Mackey has been invited but not finalized to discuss who could/should stay on opioids
 - Also a PCORI grant but taking a different approach from Erin Krebs
 - Rose Bigham, Patient Advocate, Washington Patients in Intractable Pain, inquired if there is a backup in case Dr. Mackey is unavailable
 - No backup but he has been asked to provide suggestions if unavailable
- Mark Sullivan, MD, PhD, engaging providers and patients
 - Stephen Thielke, MD, rising morbidity in elderly population in Washington and Oregon
 - Space for others on the panel
- Joe Merrill, MD, agonist and antagonist therapy
- Stuart Freed, MD, innovation in health systems
- Ms. Bigham inquired about when will registration be open and will it be open to the public
 - Anyone may attend
 - Registration will be open mid-May but managed by a third-party vendor so information is limited
- Inclusion of patient voice?
 - Dr. Franklin suggested possibly including videos of patient statements

PRESENTATION BY MALCOLM BUTLER: THE INHERITED PAIN PATIENT

Malcolm Butler, MD, Columbia Valley, shared a presentation on the new Washington pain management rules:

- Described patient population of FQHC and types of inherited pain patients
 - Patients may be dissatisfied with other care, dismissed from other care, or provider may have been sanctioned and no longer working or may have retired.
 - Person may not have been managed properly by their previous provider
- The physician and prescriber's first priority and concern is to keep people safe
- Explanation of Washington pain management rules
 - Time is given to evaluate
 - Rules do not require tapering on a given timeline
- Questions lack of study of long term effectiveness of tapers after trials end
 - Dr. Butler sees patients who have been tapered as a primary care provider and is confident in its effectiveness
- Dr. Franklin pointed out the impact in the continuity of care that the guidelines will have as while some people may receive great care from a great provider, others may not.
- Jennifer Sandler, Patient Advocate, shared the patient perspective of receiving pushback when changing providers due to sanctions. Can restrict geographic mobility due to the challenges of getting treated. Discrimination others may face who cannot afford specialty care

GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT

Dr. Franklin thanked all for attending and asked for final comments and public comments. The meeting adjourned.