
Bree Collaborative | Opioid Guideline Implementation Workgroup

March 27th, 2019 | 3:00 – 4:30

Foundation for Health Care Quality

705 2nd Avenue, Suite 410 | Seattle, WA 98104

MEMBERS PRESENT

Gary Franklin, MD, MPH, (co-chair) Labor and Industries

Charissa Fotinos, MD (Co-Chair) Deputy Chief Medical Officer Washington State Health Care Authority

Andrew Saxon, MD (Co-Chair) Director, Center of Excellence in Substance Abuse Treatment and Education (CESATE) VA Puget Sound Health Care System

Rose Bigham, Washington Patients in Intractable Pain

Malcolm Butler,* MD, Columbia Valley Community Health

Pam Davies,* MS, ARNP Teaching Associate,

Neurology, University of Washington

Kelly Golob,* DC, Tumwater Chiropractic Center

Jaymie Mai,* PharmD, Labor and Industries

Jennifer Sandler, Patient Advocate

Mark Stephens,* Change Management Consulting

Mark Sullivan,* MD, PhD, University of Washington

Gregory Terman, MD, PhD, University of Washington

John Vassall MD, FACP, Qualis Health

Michael Von Korff, ScD, Kaiser Permanente

Mia Wise, DO, Medical Director, Collaborative Healthcare Solutions

STAFF AND MEMBERS OF THE PUBLIC

Trish Anderson,* Washington State Hospital Association

Trina Crawford,* Department of Health
Jason Fodeman, MD, MBA, LNI

Negar Golchin, PharmD, MPH, Qualis Health Medicare

Deb Gordon,* DNP RN FAAN, University of Washington

Katerina LaMarche,* Washington State Medical Association

Alicia Parris, Bree Collaborative

Steven Saxe,* Washington Department of Health

Jeb Shepard,* Washington State Medical Association

Ginny Weir, MPH, Bree Collaborative

* By phone/web conference

CHAIR REPORT & APPROVAL OF MINUTES

Gary Franklin, MD, MPH, Labor and Industries, welcomed members to the workgroup and those present introduced themselves.

Motion: Approval of February 27th Minutes.

Outcome: Passed with unanimous support.

PLANNING FOR STATE-OF-THE-ART CONFERENCE

Dr. Franklin discussed the background of the effort and the workgroup chairs defined the focus and goals of the State-of-the-Art conference:

- Evidence based recommendations to approach systematically in a patient-centered way
- Balancing harms with benefits, and those in between
- Being mindful of benefits and unintended consequences
 - Preventing abandonment by providers
- Recommendations will likely be a combination of evidence and expert consensus

- Charissa Fotinos, MD, Deputy Chief Medical Officer Washington State Health Care Authority, stressed that guidance will be iterative. May be updated in the following year as evidence becomes available
- Jennifer Sandler, Patient Advocate, discussed the impact of delay of diagnosis
 - Ms. Sandler did not receive a correct diagnosis for 4-7 years
 - Diagnose and treat persons before their condition reaches a point where opioids are necessary to control pain
- The group must be transparent about where evidence and is used and where expert opinion is being used due to emergent nature of the evidence
- Rose Bigham, Patient Advocate suggested adding breadth of experience beyond addiction specialists
 - Suggested Sean Mackey be included
- Gregory Terman, MD, PhD, University of Washington, state that if the conference results in tools that assist care providers in determining whether opioids are a solution or a problem for individual patients it would be a huge advance

Group viewed draft agenda for the State-of-the-Art Conference and discussed:

- Current speaker committals, subjects, and panels
- Greater inclusion of patient advocates and patient experiences
 - Interweaving patient experience throughout the agenda
 - Patient from Erin Krebs's PCORI funded trial
- Group agreed to move the talk by Roger Chou reviewing tapering methods prior to Erin Krebs's talk on current research being conducted
- Mark Sullivan, MD, PhD, University of Washington, agreed to join panel on patient engagement and discuss recruitment challenges in tapering studies
- *"Optimizing Chronic Opioid Therapy"* changed to *"Identifying patients who benefit from chronic opioid therapy"*
 - Suggestions for speaker
 - Scott Fishman
 - Sean Mackey or Beth Darnall may have recent data on involuntary tapers

Action Item: Dr. Terman will reach out to Dr. Mackey for details on possible data

- Ms. Sandler suggested including an oncologist or rheumatologist
 - No controversy about prescribing opioids in oncology
 - Post-cancer patients who have residual pain may be impacted or persons with multiple sclerosis or other conditions
 - Majority of long term opioid patients are managed in primary care so talks must be relevant to primary care
- Group discussed the conference title
 - Dr. Fotinos emphasized the importance of language
 - Group doesn't want to define people by medications they take
 - Group to alter language in title

- Mark Sullivan, MD, PhD, University of Washington, pointed out the problem with considering tapers in a binary way of either voluntary or involuntary
 - Most tapers are negotiated
 - A clinically important area is engagement strategies
- Dr. Fotinos asked documenting the harm of involuntary tapers rates of harm
 - Dr. Saxon suggested examples in the VA that have happened as the VA conforms to national policy
 - Data on time of greatest harm
- Group agreed to a stand-alone panel on patient engagement
 - Dr. Sullivan agreed to participate in panel
 - Including importance of non-abandonment
 - Joe Merrill as possible panelist
 - Andrea Rubinstein, MD, Kaiser Santa Rosa Medical Center, as possible panelist
 - Stephen Thielke, as possible panelist
- Michael Von Korff, ScD, Kaiser Permanente, suggested a talk on MAT (Medication-assisted treatment) and treatments available
 - Buprenorphine for pain is underutilized possibly due to price
 - Ensuring a neutral party is responsible for the MAT talk
 - Dr. Von Korff suggested not calling it MAT but rather agonist and antagonist therapy
- Panel on what is being done on the level of health systems
 - Suggested including Michael Parchman
 - Inclusion of a representative of Olympic Community of Health
- Negar Golchin, PharmD, MPH, Qualis Health Medicare, asked if conference plans to include guidance for tapering seniors
 - Suggested Steven Thielke

Action Item: Workgroup will send suggestions for speaker with experience with opioids and geriatric population

- Dr. Fotinos will present slides framing different patient populations at outset of conference
- Kelly Golob, DC, Tumwater Chiropractic Center, suggested including Weitzman Institute to speak on innovative chronic pain treatments

GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT

Dr. Franklin thanked all for attending and asked for final comments and public comments. The meeting adjourned.