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**Bree Collaborative | Opioid Guideline Implementation Workgroup**

December 5, 2018 | 3:00 – 5:00

**Foundation for Health Care Quality**705 2nd Avenue, Suite 410 | Seattle, WA 98104

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**Members Present**

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Gary Franklin, MD, MPH, (co-chair) Labor and Industries

Charissa Fotinos, MD, (co-chair) Health Care

Andrew Saxon, MD, (co-chair) VA Puget Sound Health Care System

Malcolm Butler, MD, Columbia Valley Community Health

Pam Davies ARNP, University of Washington Authority

Andrew Friedman,\* MD, Psychiatrist, Virginia Mason Medical Center

Kelly Golob,\* DC, Tumwater Chiropractic Center

Dan Kent,\* MD, UnitedHealthcare

Kathy Lofy,\* MD, Washington State

Department of Health

Jaymie Mai, PharmD, Labor and Industries

Mark Stephens,\* Change Management Consulting

Mark Sullivan,\* MD, PhD, University of Washington

David Tauben, MD, University of Washington Medical Center

Gregory Terman, MD, PhD, University of Washington

John Vassall MD, FACP, Qualis Health

Michael Von Korff, ScD, Kaiser Permanente

Mia Wise, DO, Premera Blue Cross

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**Staff and Members of the Public**

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Sophie Doumit,\* Washington State Dental Association

Peter Dunbar, MB ChB, Foundation for Health Care Quality

Deb Fulton-Kehoe, PhD, MPH, University of Washington

Negar Golchin, PharmD, MPH, Qualis Health

Deb Gordon, DNP RN FAAN, University of Washington

Steve Overman,\* MD, MPH, KenSci

Mena Raouf,\* Kaiser Permanente WA

Alicia Parris, Bree Collaborative

Steven Saxe,\* Washington Department of Health

Lisa Rey Thomas,\* PhD

Ginny Weir, MPH, Bree Collaborative

\* By phone/web conference

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**CHAIR REPORT & APPROVAL OF JUNE 27<sup>TH</sup> AND OCTOBER 10<sup>TH</sup>, 2018 MINUTES**

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Gary Franklin, MD, MPH, Labor and Industries, welcomed members to the workgroup and those present introduced themselves.

*Motion:* Approval of June 27<sup>th</sup> and October 10<sup>th</sup> Minutes.*Outcome:* Passed with unanimous support.

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**PRESENTATION: COLLABORATIVE CARE FOR CHRONIC PAIN**

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Ginny Weir, MPH, Bree Collaborative gave a summary of the Draft Collaborative Care for Chronic Pain Report and Recommendations currently available for public comment.

- Focus areas of the report
- Areas of overlap

## **PRESENTATION: DATA FROM L&I AND HCA**

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Charissa Fotinos, MD, Health Care Authority shared data about the number of Medicaid members on chronic opioid therapy by Bree Collaborative definitions excluding hospice and cancer care.

Jaymie Mai, PharmD, Labor and Industries, shared data about the number of persons in Workers' Compensation on chronic opioid therapy.

Kathy Lofy, MD, Washington State Department of Health also shared information available on the State DOH online opioid dashboard regarding chronic opioid use.

## **LITERATURE ON SCREENING FOR OPIOID RELATED PROBLEMS**

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Michael Von Korff, ScD, Kaiser Permanente, shared information from literature focused on screening for problem opioid use and opioid misuse. The conclusion was that there is currently no validated tool and existing screeners have variable sensitivity and specificity.

- The literature recommends asking patients simple direct questions about opioid use.

## **LITERATURE ON TAPERING**

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Mark Sullivan, MD, PhD, University of Washington presented on the literature about tapering.

- Dr. Franklin asked group to consider what to call the effort and goal statement
- How to approach patients who are being prescribed chronic opioids
- Inclusion/exclusion criteria
  - To be discussed at a future meeting
- How to approach patients identified for inclusion
  - Screening
  - Family interview
- Consideration of developing of a screening tool due to lack of a good tool
  - Michael Von Korff, ScD, Senior Investigator, Kaiser Permanente WA reported that developing a screening tool would involve a great deal of research and work
    - Defining operational criteria for what patients that are doing "well" actually means would be a tremendous contribution and a more productive focus
  - Where risk stratification fits in

**Action Item:** Michael Von Korff, ScD, Senior Investigator, Kaiser Permanente and Joe Merrill WA will give a presentation on experience with data and screening for problem opioid use and opioid use disorder

**Action Item:** Mark Stephens, Change Management Consulting, will give a presentation on the work that is going on in Oregon via the Oregon Health Authority, other work, and the BRAVO protocol

- Should group focus on highest risk patients
  - Would do the most good but would not accomplish benefiting as much of the population as possible
- Addressing system capacity as to not overwhelm primary care and give recommendations that are implementable
  - Need as work progresses to begin discussions with agencies and health plans
  - Jaymie Mai, PharmD, Labor and Industries, suggested prioritizing highest and moderate risk patients initially and assessing the rest of the population as the second wave

- How telehealth fits into either assessment or treatment
- David Tauben questioned availability of funds
  - Charissa Fotinos discussed that Medicaid has begun to pay for collaborative care codes
    - Codes are underutilized and may be used for behavioral health
    - Additional payment for chronic care management codes in January along with health and behavior related codes
  - Future presentation about codes that have already been implemented and how some of these services can be reimbursed
- Addressing what happens when tapering fails
  - What is the goal of tapering
    - Opioid dependency and treating within primary care
  - Group agreed to discuss opioid dependence and opioid use disorder at a future meeting

Additional objectives for next meeting:

- Presentation
- Literature review next draft
- State of the art conference planning
  - Funding
- Summary of current practices

#### **GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT**

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Dr. Franklin thanked all for attending and asked for final comments and public comments. The meeting adjourned.