
Bree Collaborative | Opioid Guideline Implementation Workgroup

June 27, 2018 | 3:00 – 4:30

Foundation for Health Care Quality705 2nd Avenue, Suite 410 | Seattle, WA 98104

Members Present

Chris Baumgartner,* Washington State
Department of Health

David Buchholz, MD, Premera

Gary Franklin, MD, MPH, (chair) Labor and
Industries

Jaymie Mai,* PharmD, Labor and Industries

Frances Gough,* MD, Molina Healthcare

Dan Kent,* MD, UnitedHealthcare

Mark Stephens,* Change Management
ConsultingDavid Tauben, MD, University of
Washington Medical CenterGregory Terman, MD, PhD, University of
WashingtonCathy Wasserman,* PhD, MPH, (for Kathy Lofy),
Washington State Department of
Health**Staff and Members of the Public**

Peter Dunbar, MB ChB, MBA, CEO, Foundation
for Health Care Quality

Helen Kim, MD, Overlake Medical Center

Deb Gordon, DNP, RN, FAAN, University of
WashingtonGinny Weir, MPH, Program Director, Bree
CollaborativeIvan K. Lesnik, MD, University of Washington
Medical Center

Gary Walco, MD, Seattle Children's Hospital

Blake Maresh,* Washington State Department
of Health

* By phone/web conference

CHAIR REPORT & APPROVAL OF MAY 2ND, 2018 MINUTES

Gary Franklin, MD, MPH, Labor and Industries, welcomed members to the workgroup and those present introduced themselves.

Motion: Approve 5/2/2018 Minutes.

Outcome: Passed with unanimous support.

REVIEW OF PUBLIC COMMENTS AND MAKING CHANGES

Dr. Franklin and Jaymie Mai, PharmD, Labor and Industries, reviewed the comments and pulled specific recurring comments and created a list *Issues to Address*. Gary Franklin asked for high level observations and the group discussed:

- Greg Terman, MD, PhD, University of Washington suggested that the supplement did not refer enough to the 2015 Guidelines and possible duplication where needed specifically around patient education
 - Dr. Franklin and Ms. Mai suggested placing the original guidelines and the supplement in the same place where both are easily accessed
 - David Tauben, MD, University of Washington Medical Center inquired about possibility of merging two documents
 - Group is unable to merge two documents without reconvening original group

Group viewed *Issues to Address: Amplify preoperative education* and discussed:

- Comments for greater emphasis on patient education in *Clinical Recommendations at Time of Discharge* that were addressed in 2015 Guidelines but not in Supplement
 - Proposed language additions to *Clinical Recommendations* by Ms. Mai emphasizing patient education.
 - A summary will be made that will summarize both 2015 recommendations
- Adding a link to the online 2015 Guidelines
 - Added phrase “as specified in the 2015 AMDG Guidelines”
- Changed “number” of opioids to “amount” to encompass duration and dose
- Dr. Terman suggested not working on the assumption that everyone reading the supplement will have a working knowledge of 2015 Guidelines
- Language was moved to first paragraph so that it was not under section *At Time of Discharge*
- Added language about preoperative risk assessment and link to resources
- Addition of evidence table for duration of prescription
- In *Dosage Table* “lowest effective dose strength” was added to each duration and pill number recommendation

Group viewed *Issues to Address: Add examples of podiatric procedures* and viewed Dr. Franklin’s proposed language additions and discussed:

- Evidence that many podiatric procedures would fall into Type I
 - Insufficient evidence was found on specific podiatric procedures to add specific procedures to Type I or Type II
- Replace Tylenol with the generic acetaminophen
- Removed “similar to Bree dental recommendations”

Group viewed *Issues to Address: Concern about adverse impact of NSAIDs on bone/tendon healing* and Dr. Franklin’s proposed language addition and discussed:

- Both human and animal studies are variable
 - Peter Dunbar, MB ChB, MBA, Foundation for Health Care Quality, suggested a need to address the misestimating of the damage caused by NSAIDS vs the damage of opioids

Action Item: Deborah Gordon, DNP, RN, FAAN, University of Washington will send American Pain Society evidence that there is no evidentiary proof to withhold NSAIDS

Group viewed *Issues to Address: Need to specify combination of NSAIDs and acetaminophen* and the group discussed:

- Added and/or to NSAIDs and Acetaminophen recommendation
- Removed initial redundant hernia repair from Type I suggestion
- Evidence base supported categorization of Hysterectomy procedures

Review of summary of overall comments and discussed:

- Comment suggesting use of ERAS will improve implementation, additional comment about nerve block usage
 - Pain management is beyond scope
- Lack of specification of age for which recommendations apply
 - Best practice applies to all ages
 - Lack of evidence for different dosages for children and adults
- Second refill was changed to “third prescription” in table *Type II*
- Comment for dispensing Naloxone at time of discharge

- More beneficial for patients at risk for abuse rather than postoperative patients
- Lack of evidence base
- Comment that there was lack of representation from pharmacists
 - No changes that can be made to the document to address
 - Jaymie Mai and Christina Bockman provided pharmacist representation

Motion: Approve current draft with changes based on public comments

Outcome: Passed with unanimous support

Dr. Franklin thanked the group and went over next steps. Guidelines will be presented to the Bree Committee and necessary changes will be made. Dr. Franklin then discussed the continued work of the workgroup:

- Literature review on tapering procedures for opioid dependent patients with goal to create supplemental guidelines

Dr. Franklin asked the workgroup for feedback:

- Suggestion for exclusion of tapering in neonatal abstinence
 - Group agreed it was outside the scope
 - Different patient population
- Adjunctive treatment along with tapering
 - Dr. Tauben pointed out the possible lack of evidence base
 - Important and necessary subject
- Dr. Franklin asked for suggestions for workgroup additions:
 - Patient advocate
 - Peter Dunbar suggested patient pool at WSPC
 - Harborview Primary Care Clinic doctor
 - Mark Sullivan
 - Federally qualified health center
 - SeaMar

Action Item: Group to forward contact emails for possible workgroup members

GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT

Dr. Franklin thanked all for attending and asked for final comments and public comments. The meeting adjourned.