

Bree Collaborative | Opioid Guideline Implementation Workgroup

May 2nd, 2018 | 3:00 – 4:30

Foundation for Health Care Quality

705 2nd Avenue, Suite 410 | Seattle, WA 98104

MEMBERS PRESENT

Charissa Fontinos,* MD, Chief Medical Officer,
Washington State Health Care Authority

Gary Franklin, MD, MPH, (chair) Labor and
Industries

Frances Gough,* MD, Molina Healthcare

Dan Kent,* MD, UnitedHealthcare

Kathy Lofy,* MD, Washington State
Department of Health

Jaymie Mai,* PharmD, Labor and Industries

Shirley Reitz,* PharmD, OmedaRx, Cambia

Mark Stephens, Change Management
Consulting

David Tauben,* MD, University of Washington
Medical Center

Gregory Terman, MD, PhD, University of
Washington

Mia Wise, DO, Premera Blue Cross

STAFF AND MEMBERS OF THE PUBLIC

Blake Maresh,* Washington State Department
of Health

Alicia Parris, Bree Collaborative

Steve Saxe,* R.Ph, FACHE, Pharmacy Quality
Assurance Commission

Gary Walco,* MD, Seattle Children's Hospital

Cathy Wasserman,* PhD, MPH, Washington
State Department of Health

Ginny Weir, MPH, Bree Collaborative

* By phone/web conference

CHAIR REPORT & APPROVAL OF MINUTES

Gary Franklin, MD, MPH, Labor and Industries, welcomed members to the workgroup and those present introduced themselves. Dr. Franklin discussed the agenda of the day's meeting which is to finalize the Supplemental Guidance on Prescribing Opioids. Ginny Weir, MPH, Bree Collaborative, explained the next steps of gathering public comments, and possible changes, and sending a final draft to the Bree Committee in July.

Motion: Approve 2/8/2018 Minutes.

Outcome: Passed with unanimous support

FINALIZING DRAFT FOR PUBLIC COMMENT

The group viewed the Supplemental Guidance on Prescribing Opioids for Postoperative Pain evidence review and discussed:

- Added evidence on pediatric opioid prescribing
 - Group had no further objections or additions to the evidence review

The group viewed Table 1 of the recommendations with additions and edits and discussed:

- Added additional considerations for adolescents and children
 - Limit of no more than 14 days of pills on discharge
- Jaymie Mai thought language of a-e was taken from rules and may be inappropriate for guidelines
 - Avoiding redundancy with current rules
 - Reworded with a-e framed as best practice
- Title of Table 1 changed to reflect recommendations for use not just in hospitals

- Included language to encourage providers to educate patients about partial refills
 - Providers may not have knowledge to recommend partial refills
 - Will add link to resources about partial refills

Action Item: Steve Saxe to send link to board of pharmacy website with information about partial refills

- Removal of recommendations specific to under 24 as there were no significant differences from adults
- Changes made to the name of the subcategories based on expected recovery time rather than minor, moderate, or major surgery
- Expansion of lists of procedures
- Added link to Bree dental guideline
- Clarification on tapering in patients chronic opioid therapy
- Group had no further additions or objections to Table 1

Group viewed the title and introduction of the supplement and discussed:

- Table I in the introduction paragraph changed to Table 1
- Removal of phrase “to the extent possible” from Clinical Recommendations paragraph
- Group had no further additions or objections to the title and introduction paragraph

Dr. Franklin asked for any other comments or suggestions on the entire draft

- Group approved draft to send to the Bree Committee

Dr. Franklin asked the group for comment on whether the entire group should be recalled to update AMDG or to continue to make supplements and discussed possible future priorities:

- Geriatric population guidelines
- Recent increase in overdose in geriatric population
- Prescribing in sports injuries
- Data analysis to create screening that could systematically offer treatment to opioid dependent patients who are
- Podiatry
- Narcotics for cancer pain

GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT

Dr. Franklin thanked all for their contributions to the supplement and asked for final comments and public comments. Ms. Weir will schedule June meeting to discuss public comment. The meeting adjourned.