
Bree Collaborative | Opioid Guideline Implementation Workgroup

January 25, 2017 | 3:00-4:30

Foundation for Health Care Quality

Members Present

Chris Baumgartner,* Department of Health
David Buchholz, MD, Premera
Tanya Dansky, MD, FAAP, Amerigroup
Charissa Fontinos,* MD, HCA
Gary Franklin, MD, MPH, Labor and Industries
Dan Kent, MD, United Healthcare
Frances Gough,* MD, Molina Healthcare
Kathy Lofy,* MD, Washington State
Department of Health
Jaymie Mai,* PharmD, Labor and Industries

Steve Pickette, Harborview/UWMC
Yusuf Rashid, PharmD, Community Health Plan
of Washington
Shirley Reitz,* PharmD, Regence
Mark Stephens,* Change Management
Consulting
David Tauben, MD, UWMC
Michael Von Korff, ScD, Group Health Research
Institute

Staff and Members of the Public

Jane Ballantyne, MD, University of Washington
Medicine
Christina Backman, Harborview/UWMC
Mary Fliss,* Health Care Authority
Deb Fulton-Kehoe, PhD, MPH, University of
Washington
Gary Garrety,* Department of Health
Katie Lai, PharmD, MHA, BCPS, CGP,
Harborview/UWMC
Dan Lessler,* MD, Health Care Authority
Emily Lovell, Washington State Dental

Association
Theresa Madden, DDS, PhD, PLLC Periodontics
and Dental Implants
Tad Robinson O'Neill, JD, Office of the Attorney
General
Jennifer Sable,* Department of Health
Jeb Shepard,* Washington State Medical
Association
Ginny Weir, Bree Collaborative
Emily Wittenhagen, Bree Collaborative

* By phone/web conference

CHAIR REPORT & INTRODUCTIONS

Gary Franklin, MD, Labor and Industries and workgroup chair, welcomed members to the workgroup and those present introduced themselves.

UW MEDICINE PAIN CONSULTATION LINE

Steve Pickette, Harborview/UWMC presented on the UW Medicine Pain Consult Service. Christina Backman, Harborview/UWMC shared a number of sample cases, common themes being substance abuse disorder questions, buprenorphine/Suboxone prescribing, and pathways for tapering. They invited the group to share how they might better spread awareness of this service. It was clarified that service and the flyers promoting it are ready to be circulated. The group discussed making this available to county health advisors, the Washington State Medical Association, the Washington State Hospital Association, and rural health providers, proactively cross-marketing, and working with ARNPs and the Nurse's Quality Assurance Commission. There was also discussion about whether the name of the hotline – Pain and Opiate Hotline – appropriately reflects the service.

Action Item: Ginny Weir to send slides and flyers to group.

APPROVAL OF DECEMBER 21ST, 2016 MINUTES

A motion was made to approve the minutes from the previous meeting.

Action Item: Approve 12/21/2016 Minutes.

Outcome: Passed with unanimous support.

DENTAL OPIOID PRESCRIBING SUMMIT

Ginny Weir reminded the workgroup of the Dental Opioid Prescribing Summit, scheduled for March 9th from 9 – 11:30AM at the Labor and Industries location in Tukwila. The group discussed:

- Whether the scope of the meeting's proposed focus is appropriate.
- House Bill 1339, which was recently passed and limits the volume of pills that can be prescribed by dentists, and the uneasiness around this bill among some in the medical and dental communities.
- The challenge of changing prescribing behavior and moving forward with opioid prescription reduction, especially to youth, and moving toward a "less is more" approach.

Action Item: Ms. Weir to send out links to the new house bills.

OPIOID METRICS UPDATE

- Michael Von Korff, ScD, Group Health Research Institute reviewed the recent call with the Centers for Disease Control and Prevention (CDC) and his prediction that in beginning in 3-4 months, there will be a lot of convergence building a finalized list of metrics and indicators.
- The group looked over the Opioid-Prescribing-Metrics-Draft-17-0120 PDF, and Dr. Von Korff and Deb Fulton-Kehoe, PhD, MPH, UWMC, walked the group through the metrics.
- Reviewing the need to define the metrics pragmatically based on how people actually use prescription narcotics including:
 - That a fair amount of overdoses occur in people using intermittently.
 - That a significant amount of people originally believed to be new users are actually chronic users.
- The variability of "look-back" times in regard to how many preceding quarters are counted.
- Looking at indicators for potential chronic use among new users.
- Working more closely with the Prescription Monitoring Program (PMP).
- The lack of difference between 45 and 60 days out of a quarter as a definition of chronic use, and potentially going with 60 days to be more aligned with the CDC. There was agreement from the group on this change.
- Concurrent use, its high likelihood given varying dispensing intervals, and how to define it.
- Getting closer to the CDC indicators and sending the updated document to the CDC.

COMMUNITY ENGAGEMENT

Ms. Weir made an announcement about the new Opioid Medication guidelines developed by the Washington Health Alliance in partnership with the Bree – one for patients and one for providers – and encouraged the group to spread awareness of the guidelines.

GOOD OF THE ORDER/OPPORTUNITY FOR PUBLIC COMMENT

Dr. Franklin thanked all for attending and asked for final comments and public comments. The March meeting will change from the 29th to the 15th. The meeting adjourned.