

Robert Bree Collaborative

Wed Jan 13, 2021 Define Scope of Work

Initial ideas for focus

1. Acute prescribing including acute injuries and peri-operative
Goal-Prevent transition to unnecessary chronic prescribing
2. Co-prescribing-opioids , sedative hypnotics, gabapentinoids
Goal-Reduce impacts on cognition, reduce falls, prevent delirium
3. Alternatives to opioids-pharmacologic, non-pharmacologic, use of telehealth
Goal-what is evidence base for CBT, active exercise, multimodal care in this population
4. Types of opioid therapy-intermittent, low dose, short acting vs others
Goal-reduce use of long-acting opioids and COT
5. Tapering/deprescribing in this population
Goal-Any differentiators Re recent Bree recommendations for legacy patients

More, initial ideas for focus

- Lots of interest in Social Determinants of Health (SoDoH)-probably best to use this as an evidence based filter for specificity with individual recommendations
- Inclusion/exclusion issues
 - Patients that can't respond, dementia
 - Nursing home patients
 - What are the borders between our scope and palliative/end of life care
- Other priority issues?