

Bree Collaborative Implementation Survey Results | Medical Group Low Back Pain

This report summarizes adoption of the Bree Collaborative Low Back Pain Recommendations, completed by Washington State medical groups in 2016. We measured adoption of specific recommendations using 0-3 point scale, self-assessed by each medical group.

Results: 12 Medical Groups Responding

0 -No action taken; **1** -Actively considering adoption; **2** -Some/similar adoption; **3** -Full adoption

	AVERAGE SCORE
Evidence-based guidelines and tools are used, including the joint American College of Physicians and American Pain Society (ACP/APS) guidelines and the Oswestry Disability Index to track functional status	1.58
Validated screening tool like the STarT Back tool or Functional Recovery Questionnaire (FRQ) are used no later than the 3rd visit to identify patients that are not likely to respond to routine care	1.17
Referral relationships exist with physical medicine and rehabilitation physicians, also known as physiatrists	2.67
Comprehensive patient education and expectation-setting is integrated into care for low back pain patients, particularly when the patient is requesting care that is not recommended by evidence-based guidelines	1.83

Scale

We measured adoption of specific recommendations using 0-3 point scale, self-assessed by each medical groups.

0 - No action taken	<ul style="list-style-type: none"> • No leadership awareness of Bree Collaborative Topics • No team formed
1 - Actively considering adoption	<ul style="list-style-type: none"> • Bree topics, aims and components have been discussed • Education, assessment, information gathering • Changes planned but not tested • Information gathering and baseline measurement begun
2 - Some/similar adoption	<ul style="list-style-type: none"> • Initial test cycles completed for more than one element • Quality metrics and data available demonstrating adoption/effectiveness • Other similar (Bree-like) changes adopted for this topic
3 - Full adoption	<ul style="list-style-type: none"> • Changes implemented in all areas • All components integrated into care process (i.e. orders, etc.) • Partial or complete closure of gap between baseline & target outcomes

Participating Medical Groups

Confluence Health

The Everett Clinic

Evergreen Health Partners

Group Health Cooperative

Northwest Physicians Network

Polyclinic

Providence: Pacific Medical Centers

Providence Medical Group: SE Region

Providence: Swedish Medical Group

Vancouver Clinic

Virginia Mason

MultiCare