



Addiction & Dependence Report & Recommendation CHECKLIST



5 FOCUS AREAS

Reduce stigma

- Staff training on sensitivity and empathy toward addiction, dependence and non-stigmatizing language
- Staff training on prevalence, current trends and impact on overall health of alcohol and other drug misuse
- Increase the number of people who see alcohol and other drug misuse screening as a usual part of care, and are comfortable discussing these topics

Increase appropriate screening

- Staff training on use of evidence-based screening tools
- Screen all patients over age 13 for alcohol and other drug misuse at first visit and annually using a validated and scaled screening tool; or pre-screen followed by a validated full screen
- Universal alcohol and other drug misuse screening in prenatal and emergency room settings
- Systematic process (e.g. electronic health record system) to track screening results over time

Increase capacity for brief intervention and treatment

- Staff training for primary care providers and other appropriate staff to increase brief intervention/treatment for patients who screen positive for alcohol and other drug misuse
- Clear process to track and follow-up as appropriate with patients who receive brief intervention
- Increase access to behavioral health consultative services
- Clear triage and referral process to appropriate level of care if patient not improving after follow-up

Decrease barriers for referrals to treatment facilities

- Clear and supportive facilitated referral process to treatment facilities
- Clear follow-up process for patients who have been referred to treatment to facilitate rapid return to function
- Bi-directional communication and data sharing with treatment facilities
- Staff training on 42 CFR part 2 compliant release of information

Address the opioid epidemic

- Decrease inappropriate prescribing for non-cancer, non-terminal pain
- Clear prescribing protocols
- Increase capacity and staff training for prescribing medication assisted treatment; or clear process to facilitate coordinated care with offsite specialized chemical dependency treatment
- Utilize the Prescription Monitoring Program (PMP) to evaluate a patient's controlled substance history

Screening Tools and Interventions for Alcohol and Drug Misuse

Alcohol Use Disorder Identification Test (AUDIT)

https://www.integration.samhsa.gov/AUDIT_screener_for_alcohol.pdf

AUDIT-C

https://www.integration.samhsa.gov/images/res/tool_auditc.pdf

Drug Abuse Screening Test (DAST)

Dr. Harvey A. Skinner, York University, Toronto, Canada.

https://integrationacademy.ahrq.gov/sites/default/files/DAST_0.pdf

DAST-10

https://www.integration.samhsa.gov/clinical-practice/DAST_-_10.pdf

CRAFT

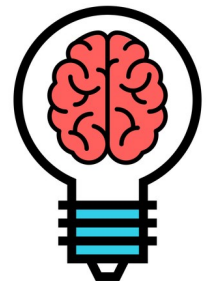
<https://craftt.org/get-the-craftt/>



The National Institute on Drug Use suggests five A's for brief intervention:

<https://www.drugabuse.gov/publications/resource-guide-screening-drug-use-in-general-medical-settings/screen-then-intervene-conducting-brief-intervention>

1. **ASK** permission to discuss the screening results and review the results with the patient
2. **ADVISE** - provide medical advice about the drug use
3. **ASSESS** the patient's readiness to quit
4. **ASSIST** the patient in making a change
5. **ARRANGE** - specialty assessment, drug treatment, follow-up visit as appropriate



Additional Addiction & Dependence Resources

Read the Bree Collaborative Addiction & Dependence Report and Recommendations here:

<http://www.breecollaborative.org/wp-content/uploads/ADT-Final-Report.pdf>

Read the Bree Collaborative Opioid Use Disorder Treatment Report and Recommendations here:

<http://www.breecollaborative.org/wp-content/uploads/ODU-Treatment-Final-2017.pdf>

Additional examples of brief interventions can be found on the SAMHSA website:

<https://www.integration.samhsa.gov/clinical-practice/sbirt/brief-interventions>