

A PLAN FOR A HEALTHIER WASHINGTON

Hundreds of people from the public and private sectors have worked together to develop a five-year plan for a healthier Washington. Public participation was an intentional feature in the design of the State Health Care Innovation Plan and will continue throughout its implementation.

The plan recommends three core strategies

1. Improve how we pay for services

Presently, providers of health care services are paid every time they provide a service, even when the service doesn't work. The plan calls for rewarding providers when they achieve good outcomes. Information on effectiveness and cost will be collected and shared to help providers and consumers choose the best treatment options.

2. Ensure health care focuses on the whole person

The current system creates barriers to addressing physical health, mental health, chemical dependency, and basic living needs as early as possible and at the same time. The plan calls for methods of integrating care and connecting with community services to achieve the best possible result for individuals. It also adjusts how we pay for services to make care for the whole person possible.

3. Build healthier communities through a collaborative regional approach

All health care is delivered at the local level. Driven by local partners, the plan calls for a regional approach that provides resources to communities. Working together, communities can bring about changes that will improve health for the people they serve.



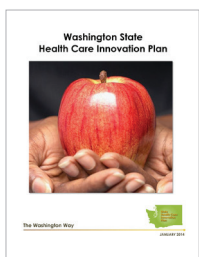
Benefits of a better system —one example

CURRENT SYSTEM: Harry, age 54, has visited the ER more than 50 times in 15 months. He is frequently intoxicated and isn't in a program for alcohol abuse. Harry has no connection with a primary care provider. The ER provides his only mental health services. He can't hold down a job, so the state pays all of his care or local hospitals absorb the cost as charity. Everyone who uses health care pays for Harry through higher costs.

A BETTER SYSTEM: Harry chooses and actively uses a primary health care provider. The provider connects Harry with services to address his mental and physical health, chemical dependency, or any other health-related needs. Harry rarely goes to the ER because he is receiving effective integrated care that solves his problems. Harry is healthier—physically *and* mentally. He has a part-time job and is on a path to self-sufficiency.

Initial estimate of savings: \$730 million

In our state there are many people like Harry. When we do the math and multiply the cost savings, adjusting our health care system has the potential to save millions. The initial estimate: \$730 million in the first **three to five** years.



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View the plan at www.hca.wa.gov/shcip